

HEALTHCARE

Risk that protects patients, data, and continuity at once

Cyber, physical, and human risk under one practitioner-led lens.

In healthcare a cyber event is never only a data problem. It is patient safety, regulatory exposure, and clinical downtime in the same moment. Apogee assembles the one connected picture boards, OCR, insurers, and partners now expect, led by senior practitioners who have held the decision in federal law enforcement and at Palo Alto Networks and Google Cloud.

WHAT'S DRIVING THE CONVERSATION

- **HIPAA Security Rule** · HHS / OCR enforcement and audit exposure
- **Ransomware and clinical downtime** · the sector's most-targeted threat
- **Medical device and IoT** · connected-device and OT exposure
- **Business-associate risk** · third-party and vendor dependency
- **Workforce and insider exposure** · privileged clinical access and credential risk
- **Cyber insurance renewal** · questions the posture cannot answer

WHY INTEGRATED MATTERS HERE

A breach in healthcare is simultaneously a patient-safety event, a HIPAA obligation, a clinical-continuity question, and a workforce strain. Point vendors report these in isolation; your board and clinical leaders must reconcile them. Apogee's Nexus of Risk performs that reconciliation as the deliverable: cyber, physical, and human risk on one consequence chain, grounded in COSO ERM and ISO 31000.

RECOMMENDED ENTRY POINT

Ascend to Meridian. Start with a defensible cyber risk picture (from \$44,500, 6 to 10 weeks) for the board, OCR readiness, or an insurer. Step up to Meridian when clinical continuity, workforce assurance, and AI governance must be governed as connected risks.

FRAMEWORKS APPLIED

HIPAA Security Rule

NIST CSF 2.0

HITRUST

405(d) HICP

NIST 800-66

ISO 27001

NIST AI RMF

TPRM

PROOF POINTS

Regional Health System

Ransomware and physical-access-control failure contained within 72 hours.

Enterprise Security Buildout

Zero to audit-ready in 90 days; passed first audit.

M.K. Palmore, Founder and Principal Advisor: retired FBI senior executive, CISSP, Carnegie Mellon CISO; former VP and Field CISO at Palo Alto Networks and cybersecurity executive at Google Cloud. Every engagement is delivered by named senior practitioners. Healthcare delivery is supported by Apogee partner First Health Advisory.

Schedule a scoping conversation

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